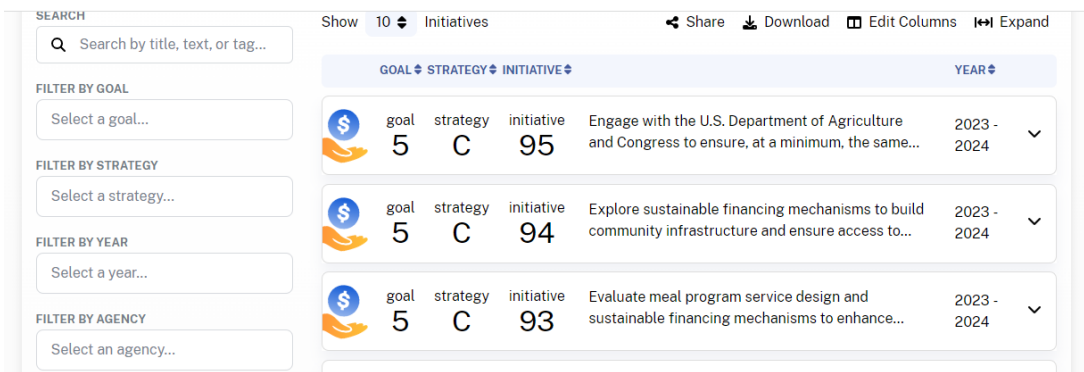


Dept of Aging and Disabilities – How They Can Help!

[LA County Dept of Aging and Disabilities site](https://www.mpaprogress.org/)

The Master Plan for Aging is committed to transparency and accountability. To support this commitment, the CA Department of Aging, in partnership with West Health Institute, has developed the [MPA Implementation Tracker](#). The Tracker is a publicly available database of all MPA initiatives and their progress to date. Search and filter the Initiatives for progress updates by Lead Agency, Goal, Strategy, topics, and more! Search results can be downloaded.

You are invited to search for progress updates on each of the MPA initiatives using the Search Box or Filters. <https://www.mpaprogress.org/>



The screenshot shows the MPA Implementation Tracker interface. On the left, there are search filters for Goal, Strategy, Year, and Agency. The main area displays a table of initiatives with columns for Goal, Strategy, Initiative, and Year. The table shows three initiatives, each with a goal icon, a strategy icon, and a count of initiatives.

GOAL	STRATEGY	INITIATIVE	YEAR
5	C	95	2023 - 2024
5	C	94	2023 - 2024
5	C	93	2023 - 2024

Master Plan for Aging: Two Years of Results & Building Towards 2030

California is leading the way on building communities, systems, and policies for ALL ages and abilities! On January 20th, 2023, the MPA released its Second Annual Report, highlighting progress across all Five Bold Goals, as well as local implementation highlights and legislative wins.

Additionally, the MPA released ninety-five new initiatives for implementation in 2023-2024 through multi-sector partnerships, including across the Governor’s Cabinet, philanthropic organizations, universities, and the legislature. These initiatives build upon the work of the prior two years in advancing person-centered and equity-focused age-and disability-friendly policy, programs, services, and research.

Access the MPA’s Second Annual Progress Report, 2022 Legislative Report, 2023-2024 below

1. [Master Plan for Aging Annual Report](#)
2. [California’s Master Plan for Aging 2022-23 Initiatives](#)
3. [2022 MPA Chaptered Legislation Report](#)

Local Aging & Disability Action Planning Grant Program

- \$4.5 million to provide competitive grants to support local communities in developing aging- and disability-friendly action plans.
- Grant Program Priorities- Equity, cultural competency, and community engagement principles and practices. Support communities and populations that have been historically under-resourced and underserved.
- Anticipated Request for Applications (RFA) Release: Mid-February

If you are homebound, the Department of Aging and Disabilities will coordinate daily meal deliveries straight to your home — free of charge. For more information about how to qualify, you can [visit this link](#) or call **800-510-2020**.



One of the most important things the Department of Aging and Disabilities does is manage LA Found, the program I launched back in 2018 that uses trackable bracelets to help locate individuals who have wandered away from their caregivers due to Alzheimer's, dementia, or other cognitive impairments.



60% of individuals with Alzheimer's will wander and go missing.

If you think your loved one may be at risk of wandering, LA Found is truly a lifesaver — every single person with an LA Found bracelet who has wandered off has been found and safely reunited with their loved ones.

You can call the Department at **800-510-2020** to ask about how you can get a free trackable bracelet for your loved one, or apply for one online [at this link](#).

On top of meal delivery, free COVID tests and vaccinations/boosters are also being offered to all those seniors and individuals with disabilities who are unable to leave their homes.



You can book an in-home test or vaccination for yourself or a loved one [at this link](#).



Do you drive an older resident or resident with disabilities where they need to go? You can get reimbursed for that. The Department of Aging and Disabilities offers a mileage reimbursement program to volunteer drivers, including family members, who help out older adults and individuals with disabilities when no other options are available. To get more information or see if you qualify for the program, call the Department at **888-863-7411**.

The Department of Aging and Disabilities runs 14 Community & Senior Centers across LA County, including in [San Pedro](#) and [West Whittier-Los Nietos](#).



Senior Centers are not only great places to sign up in-person for resources — like the ones in this newsletter — they offer recreational programs and activities that are great ways to stay engaged in your community. You can [use this link](#) to find the Senior Center closest to you.



If you or a loved one is looking for services not listed above — like legal help, healthcare resources, and others — the Department of Aging and Disabilities' phone line (**800-510-2020**) is a one-stop-shop for all individuals they serve. The line is staffed Monday to Friday from 8AM to 5PM. After hours, you can also visit the Department's website to see their [online resource hub](#).

The Department also has a 24/7 phone line to report abuse against older adults and those with disabilities that can be reached at **877-477-3645** or [by making a report online here](#). You are able to do this anonymously if you choose.

Since the Department of Aging Disabilities is still quite new, they are in the process of adding new programs and resources for those they serve. If you want to be sure you're up-to-date on all of the latest news, you can sign up for the [Department's newsletter here](#).

