

MENTAL HEALTH IS HEALTH



Join Beach Cities Health District for Mental Health Awareness Month in May!

The “Mental Health is Health” community-wide campaign aims to decrease stigma, increase help seeking behaviors, increase awareness of and access to resources for mental health, and build community capacity to support individuals who need mental health resources.

As a partner, we ask that you share resources, events and programming that support mental health with your networks.

You will receive:

- Mention in a joint press release
- Promotion of partner mental health events
- Logo included on bchd.org and select promotional items
- A mental health awareness toolkit including brochures, postcards, posters, pins and stickers

Join the
community-wide
campaign to strengthen
and amplify the collective
goals and messages
in support of
mental health.



Visit bchd.org/mentalhealthawareness to
complete the partner form.