

South Bay Cities Council of Governments

Senior Services Working Group Meeting Notes

Tuesday, December 6, 2022 @ 9:30 am, Zoom Meeting
Link to Meeting Video: [December 6 Senior Services Meeting](#)

Elected officials/representatives in attendance:

Chair & Mayor Pro-Tem Huff, Chair (Rolling Hills Estates, H.E.L.P); Councilmember Uphoff (Lomita); Vanessa Cruz (Representative Congressman Barragan); Erick Ponce (Representative Assembly Member Muratsuchi)

Others in attendance: Fawn Supernaw (CSUDH); Shari Farmer (LA County District Attorney's Bureau of Victim Services); Rosalie Rapas (Beach Cities Health District); Amanda Valorosi (Carson); Diane Brown (Hawthorne); Kambria Vint (Hermosa Beach); Baz Devlia, Thomas Uwal (Inglewood); Harriet Chase (League of Women Voters Beach Cities); Jacqueline Hernandez (Palos Verdes Library District); McKenzie Bright (Rancho Palos Verdes); Bea Virobik (Focal Point on Aging Torrance); Aaron Baum, David Leger, Ronson Chu, Laurie Jacobs, Jacki Bacharach, Steve Lantz (SBCCOG)

1. **Welcome and Introductions**

2. **Previous meeting notes** are posted on SBCCOG Senior Services Working Group webpage LINK: [September 27 Meeting Notes](#)

3. **Presentation on the Local Travel Network (LTN) (9:45-10:05)**

David Leger and Aaron Baum, SBCCOG

Presentation Link: [Introduction to Micromobility & LTN](#)

Aaron presented information covering micro-mobility and the steps towards the implementation of the Local Travel Network. This was an excellent in-depth presentation so best to view the presentation link and/or listen to the meeting video. This a reflection of about 20 years of work at the SBCCOG towards sustainability of a local solution to support zero emission mobility.

The South Bay LTN is a 243-mile route-network overlaid on the South Bay's 2,000 miles of streets to provide South Bay residents with safe and efficient routes to reach frequent destinations using zero-emission micro-mobility devices connecting neighbors to neighborhoods to destinations.

Q&A

Britt asked about the Measure M sales tax funding to see if this type of funding could also apply to specific regional pilot programs.

David responded that would need other funding as Measure M funding is just for capital expenses. Jacki added that our Measure M is not for transit.

Tomorrow Jacki is going to the California Transportation Commission as we need to be at this type of forum because the LTN is a whole new eco system that we are trying to create that is not currently recognized, it is unique.

Councilmember Uphoff asked how a project similar to the Chula Vista project could help create a pilot to help Lomita seniors with mobility.

Aaron advised that the Chula Vista pilot was funded through Clean Mobility Options, a new Calif state bucket of money addressing niche city needs in mobility. Chula Vista created standard common stops in the community with this 4 year program.

Harriet Chase expressed safety concerns with the e-bikes with various regulations by the schools, the city, etc. so wanted to know what could be done about the regulations.

Aaron replied that there is a lot of interest and engagement on safety regulations to be most efficient and universal. The COG may have opportunities to address this through training so we are gathering information and plan to share across our cities.

Britt suggested this presentation continue to be shared with various organizations and to stakeholders through the senior villages and other avenues to get people talking and supporting the movement.

4. **PATH Update for SPA 8 – Report given by Ronson Chu**

Presentation Link: [PATH Presentation Nov '22](#)

We continued to see an increase in homelessness among seniors due to inflation and laws that allow landlords to raise rents.

PATH is still facing resource issues addressing seniors regarding housing and fixed incomes. Due to staff turnover, they are shorthanded which we are seeing among all the outreach services as there is a labor shortage in this market.

LA-HOP.org is the best method to report when you spot someone experiencing homelessness. There are a lot of unused housing vouchers in the South Bay that we are trying to help get matched up. Finding apartments that will accept housing voucher tenants is a challenge.

The Winter Shelter Program is now active during cold and rainy weather This year's program is different in that people can call 211 and will receive motel vouchers instead of going to a shelter as a more cost-efficient program.

Subsidy programs are now more limited with less available slots. The COG has had some successes with getting people moved into the new West Haven permanent supportive housing apartments.

Shari Farmer, Field Deputy, LA County District Attorney's Bureau of Victim Services, asked about the availability of churches to offer winter shelter as she can provide a list of churches in Long Beach. Shari can also help anyone experiencing homelessness that have been a victim of a violent crime.

Her contact info: Shari Farmer: sfarmer@da.lacounty.gov

Ronson said there are a few churches, one in Wilmington and one in South Redondo Beach however they are not part of the winter shelter program. Some outreach workers know that churches have shelter spaces.

5. Presentation on AARP Community Grants

Laurie Jacobs, SBCCOG

Presentation Link: [2022 AARP Community Grants](#)

Laurie shared information on 2022 AARP Community Grantees with a focus on those that addressed mobility and programs for seniors and those with disabilities. This tied in with the Local Travel Network presentation earlier in this meeting. We encourage our South Bay Cities to review past grants to find programs that could address specific needs in their cities.

6. Presentation OLLI Osher Lifelong Learning Institute

Fawn Supernaw, Director OLLI at CSUDH

Presentation Link: [CSUDH Presentation](#)

Registration Office: www.csudh.edu/olli

310.243.3741

Fawn presented on this program she calls a “Program for Seasoned Adults” at the campus of Cal State Dominguez Hills in Carson offering continuing education classes for ages 50+ because curiosity never retires. This is a program of educational, cultural, and social opportunities for retired and semi-retired individuals. Members experience taking courses in a relaxed atmosphere for the pure pleasure of learning. There are 125 OLLI programs across the United States.

Faculty & OLLI members teach and facilitate courses. They provide volunteer leadership opportunities to members who can take university courses at a discounted rate. Membership is \$30 per year from July 1 – June 30. A parking pass is \$20 for the fiscal year. Membership gives access to the campus library, discounted theater tickets and class rate of \$10- \$15.

Learning for All offers courses in art, culture, language, business, finance, technology, history, and social sciences. They are always looking for members and volunteers such as retired teachers, to help facilitate group discussions.

7. Update from Legislative Offices

None

8. SBCCOG Updates

Jacki Bacharach, South Bay Cities Council of Governments

The SBCCOG recently received a grant from the Public Utilities Commission to look at more of our broadband and how we can extend our South Bay Fiber Network.

This will focus on the disadvantaged communities. We are doing a market assessment of what people are paying throughout the South Bay.

We are heavily involved in getting our General Assembly ready which will be held on March 23rd. This is a free event funding by sponsorships so please let us know of any sponsor opportunities. Sponsors at the \$2,500 level will receive a space at our Exhibit Hall. This year we are addressing state goal conflicts.

Registration is now open on our website. <https://southbaycities.org/event/23rd-annual-general-assembly-2/>

We will have our second annual photo contest. This time the topic will be South Bay City Landmarks as the last contest submissions were all coastal photos. Deadline to submit will be February 10. The voting process is being reviewed with the winner to be announced at the General Assembly event.

9. Round-robin member updates and announcements

- Councilmember Uphoff announced a program the City of Lomita does in providing help to those experiencing homelessness by delivering sleeping bags at the encampments. Shari Farmer volunteered that she would like to donate new socks to add to their program as this is the number one item requested by the unhoused.
- Ronson shared about SPA 8 Shelter Housing. Link: [SPA 8 Shelter Housing](#)
- Laurie shared about Home sharing with Affordable Living for the Aging – hands on for seniors on fixed incomes with rooms renting for \$600 - \$800. Seeking homeowners. <https://alaseniorliving.org/>
- Bea shared that COVID Safety Protocols are still in place. They are still taking phone requests regarding elder abuse and housing. Torrance is serving hot meals but not deliveries of meals. Meals can be picked up by seniors at the Bartlett Center. Link for more information: <https://www.torranceca.gov/our-city/recreation/seniors>
- Diane Brown from Hawthorne shared they are still giving out 7 frozen meals for the week to the seniors who drive up and these are provided by the Torrance YMCA. They are hoping to going back to hot meals starting in mid-January.
- Rosalie Rapas announced the BCHD Community Services program will have over 50 volunteers delivering over 200 holiday gift bags to members of the BCHD Care Management program. The bags are being assembled by local Girl Scouts. BCHD recently restarted their program with Redondo Beach PD with the RB Cares program where officers to friendly visits to assigned seniors in the community
- Harriet Chase announced the December 13 meeting of the League of Women Voters Beach Cities (1 – 2:30pm) will cover the topic of the local programs for e-bike safety and transportation which ties into the topics discussed at today's meeting. This will also include a presentation on intergenerational programs:
Zoom meeting: Meeting ID: 856 7152 1455, Passcode: 167425

10. Adjournment to January 24th.

2023 Meeting Schedule – Jan 24, Mar 28, May 23, Jul 25, Sep 26

Notes submitted by Laurie Jacobs