

**Susan Burden**  
**Chief Executive Officer, Beach Cities Health District**

Susan M. Burden is Chief Executive Officer of Beach Cities Health District, where she has served since 2004. She provides strategic leadership and direction to all functions of one of the nation's largest preventative health agencies and manages \$90 million in assets, 175 employees and 700 active volunteers.

In 2010, Burden played an integral role in bringing the nationally recognized Blue Zones Project®, a community-wide initiative to create healthier and more productive citizens, to the Beach Cities in 2010. Since its inception, the Blue Zones Project has successfully lowered smoking and obesity rates in the community.

In addition to her leadership at Beach Cities Health District, Burden is on the Board of Directors of the American Heart Association's L.A. Region, as well as the chambers of commerce in Hermosa Beach, Manhattan Beach and Redondo Beach.

Burden was honored by the Association of California Healthcare Districts as Legislative Advocate of the Year in 2013 and was named Woman of the Year 2013 by the Redondo Beach Chamber of Commerce. In 2011, Burden received the Chairman's Award from the Redondo Beach Chamber of Commerce and was named a People of Distinction winner for health/wellness by the *Daily Breeze* newspaper. Additionally, she received the 2010 Education Advocate of the Year award from the Redondo Beach Unified School District.

Burden graduated with honors from Chapman University with a Master's Degree in health administration. She earned her Bachelor of Science in education from Central Missouri State University.