

Helen Dennis Bio

Helen Dennis is a nationally recognized leader on issues of aging, employment and retirement, receiving numerous awards for her University teaching at USC's Davis School of Gerontology and for her contributions to the field of aging, the community and literary arts.

Editor of two books, author of over 50 articles, frequent speaker and weekly columnist on Successful Aging for the Los Angeles Newspaper Group (Daily Breeze and more) reaching 1.3 million readers, she has assisted over 10,000 employees to prepare for the non-financial aspects of their retirement. These include corporate executives, managers, factory workers, the clergy, physicians, engineers, financial planners, university faculty and staff and more. Her keynotes, lectures and seminars have reached the business community, professional groups, non-profit organizations and government agencies.

In her volunteer life, Helen has served as president of five nonprofit organizations. Fully engaged in the field of aging, she was a delegate to the 2005 White House Conference on Aging and has extensive experience with the media including the New York Times, NPR, the Wall Street Journal, Sacramento Bee, Christian Science Monitor and others.

Helen is co-author of the Los Angeles Times bestseller "Project Renewment®: The First Retirement Model for Career Women."