

NAVIGATING THE HOMELESS AND MENTAL HEALTH SYSTEMS

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2019 LAHSA Homeless Count Service Planning Area 8 – South Bay

Type of Person	Total Number	Prevalence of Population	Percentage Change
Unsheltered Individuals	3,471	87%	+11%
Chronically Homeless	1,326	31%	+52%
Physical/Other Disability	1,795	48%	+340%
Severe Mental Illness	849	23%	+12%



Diana is a 57-year old Caucasian female who has been seen residing in a local park for the last eighteen months. She has come into a local food bank twice but has not followed through contacting any referrals given to her. It has been three weeks since her last contact with an outreach team. She states she experiences “black outs” where she has no memory of where she has been. She is frequently sweaty despite inactivity and complains of chest pains. She has been seen sleeping without blankets and frequently wears the same clothes. She reports she is often stopped and questioned by the police. She has been seen engaging with individuals who are known to smoke meth. She has been heard talking to Beyonce despite no one being in front of her. She has been turned away from community agencies due to a lack of identification and behavioral issues in the past.

1. How would you outreach and engage this individual?
2. What information do you find important for intake and assessment?
3. What goals might you support this member with?
4. What interventions, linkages, or referrals could help this member reach her goals?
5. What are some possible ways to evaluate this individual’s success over time?

Innovation is Born from Frustration

With more than 50 years of experience in Mental Health and Homeless Services, our field-based team has established themselves as well respected providers with expertise in providing street outreach and intensive supportive services to individuals who are homeless and affected by mental illness in Los Angeles.

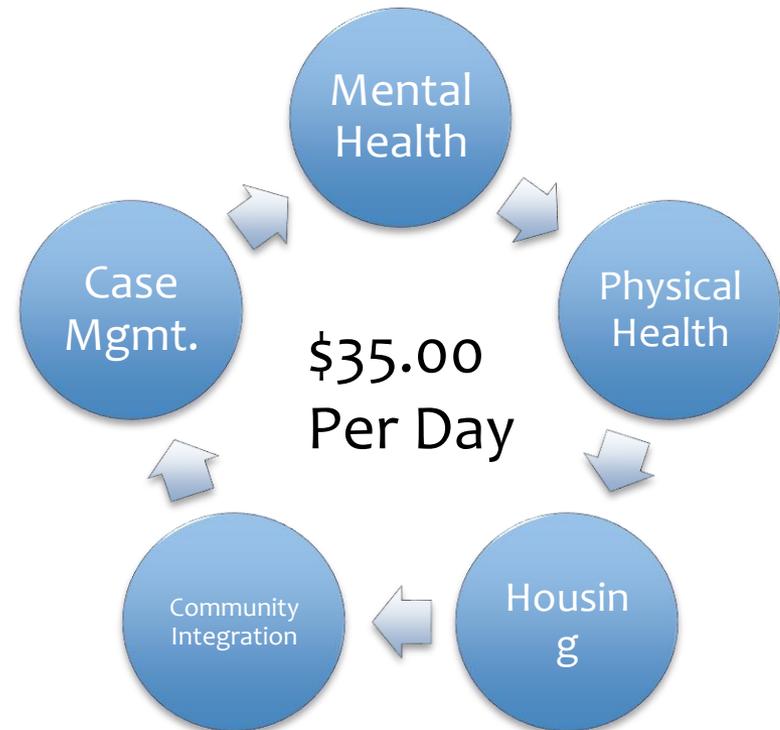
This is the next step...

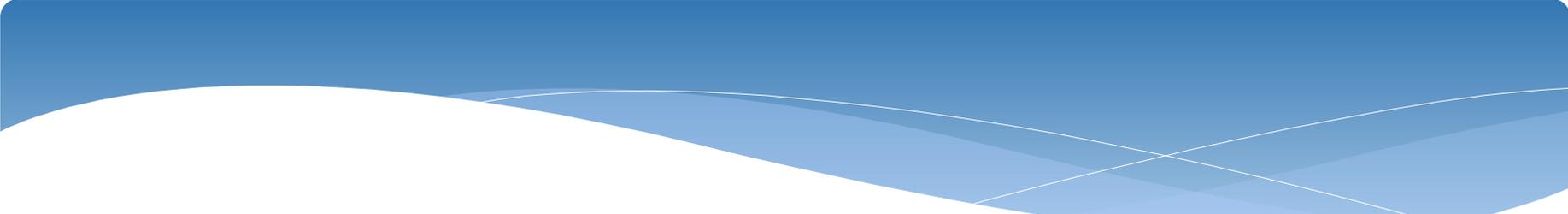
We are the Disruptors in Mental Health and Homelessness

Under the Existing System

Service Type	Cost Per Hour
Crisis Intervention	\$256.20
Outreach	\$84.00
Mental Health Services	\$172.2
Case Management	\$133.20
Med Support	\$317.40

Double Secret Project





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The Missing Link

Individuals referred to the Double Secret Project will have access to field based intensive case management, mental health and co-occurring services, physical health coordination, housing navigation and retention services, legal support, peer support, as well as supported employment and community integration.

[Double Secret Project](#)

Field Based

- * Instead of operating out of a clinic, our highly mobile team provides services in the field directly where they are needed most. Navigating and coordinating care to holistically address the whole person.
- * Significantly reducing the barriers of access to desperately needed services while providing ongoing customized and strategic care to maximize stability.

Truly Recovery Oriented

- * Utilizing evidence-based practices, our services are centered on the person to build upon their strengths and resilience while integrating within the community to achieve improved health, wellness, and quality of life.
- * Meeting people where they are on the recovery spectrum; we embody the platinum rule: “Treat people the way that *they* would like to be treated.”

Our Goal

Here for “whatever it takes,” our field based team is out on the streets looking to improve the quality of life, reduce adverse interactions, improve functionality, increase Member satisfaction with care, increase Staff job satisfaction, improve family and larger community satisfaction with services, and ultimately reduce the overall cost that homelessness and mental illness have on our communities.

Here for All of Us

- * Double Secret Project is Pending Benefit Corporation Status
- * Benefit Corporations or “B Corps” are businesses that meet the highest standards of verified social and environmental performance, public transparency, and legal accountability to balance profit and purpose
- * Harnessing the power of business, B Corps use profits and growth as a means to a greater end: positive impact for their employees, communities, and the environment

Year One

- * In our first year, Double Secret Project plans to have a capacity for 100 Members to receive unlimited support from our elite team
 - * Program Costs
 - * \$1,238,737
 - * Margin of Error (20%)
 - * \$247,747
 - * Taxes (25%)
 - * \$371,621
- Total: \$1,858,105.00**

DOUBLE SECRET PROJECT

VERSUS

THE EXISTING SYSTEM

COMPARING THE 2 TYPES OF MENTAL HEALTH
AND HOMELESS SERVICES IN LOS ANGELES



One stop shop for coordinated mental, physical, and co-occurring health care.

Field based. Delivered exactly where the services are needed most, our streets.

Navigating and supporting complex housing needs to identify units and maintain long-term success in the community.

Recovery oriented Benefit Corporation. Treating people like people and here for our community.

Unlimited access to services for \$35/day.



Emergency room care. Separate Mental and Physical Health services.

Clinic based. You only receive services if you bring insurance to your appointment on time.

Referral out to housing agency. Must go to agency to access services. No dedicated long-term housing retention or community integration.

Medical model, treating people like billable hours, and here for their administrator salary.

Bill-for-Service rate of \$168/hour.