

| City | Program Name | Program Description | Link to Program | Contact Person | Phone | Email |
|--|---|--|---|---|--------------------|--|
| LA County WDACS | Critical Delivery Services (CDS) | Temporary delivery program to deliver food, household items & other vital necessities to individuals who are unable to leave their homes due to COVID-19. Criteria: Aged 60+, Has disability, Dependent adult (18 - 59) | https://wdacs.lacounty.gov/wp-content/uploads/2020/04/CSD_Fact-Sheet_V2_Final.pdf | | | |
| Carson | Carson Essentials To Go | Grocery delivery to support Carson Residents including: seniors, those with disabilities, those with underlying health conditions, & families during COVID-19 pandemic. 3 packages to choose from ranging from \$43 to \$55 | http://ci.carson.ca.us/contentfiles/pdfs/0publicsafety/CarsonEssentialsToGo04102020.pdf | Amanda Valeros, Sr. Assisted Living Coordinator, Human Services | 310.835.0219 x1471 | AValeros@carson.ca.us |
| El Segundo | Shopping & Delivery Program | The Rotary Club of El Segundo & City of El Segundo Recreation & Parks Dept have a COVID-19 Senior Outreach program to assist community members over the age of 65 who need assistance shopping. Shopping requests are limited to 15 items which can include basic foods, household goods and essential hygiene items. The program now includes prescription medication delivery for seniors. Items classified as non-essential will not be purchased. Shopping requests, questions or inquiries, please call 310-524-2705 or email outreachhelp@elsegundo.org. Meals on Wheels continues with 5 days per week delivery; it's also a wellness check Library - has set up book and movie delivery | https://www.elsegundo.org/our-city/emergency-management/coronavirus-updates-for-the-el-segundo/covid-19-senior-outreach-information | Ryan Delgado, Supervisor | 310.524.2741 | rdelgado@elsegundo.org |
| Gardena | Senior Citizens Bureau Food Programs | Serving 500+ seniors throughout Gardena, Lawndale, and some surrounding area (Torrance, Carson, C'ompton, LA). Meal program funding comes from LA County, therefore Gardena residency is not a requirement for program eligibility 2 programs running concurrently: Home-Delivered Meals program for homebound seniors who cannot cook for themselves; receiving 7 meals per week, 145 clients. The other program is the Congregate Meals Program, but since the Nakaoka Community Center is closed to the public and the seniors cannot congregate, we are delivering 5 frozen meals to them per week, about 370 clients. Stock of shelf-stable emergency meal kits (granola bars, tuna, water, etc.) are delivered to any senior in need of emergency food. Additionally, some of our Councilmembers have secured donations of water/toilet paper that are being delivered to clients, or anyone who calls requesting it | https://www.cityofgardena.org/programs-and-meals/ | Christina Theobald, Administrative Analyst | 310.217.9577 | ctheobald@cityofgardena.org |
| Hawthorne | Grab a Snack | Hawthorne Senior Center - seniors drive up Mon-Thurs to pick up a sack of snacks or receive snacks at their residences on a weekly basis which staff delivers. Taking calls & answering questions on a daily basis. Anything we normally help them with we still do via phone, email & handing out paperwork while keeping a safe 6 foot distance outside. Assisting seniors with calls for services; doing 3-way calls COVID-19 test site | http://www.cityofhawthorne.org/senior-activities/ | Diane Brown, Director, Hawthorne Senior Center | 310.349.1649 | dbrown@cityofhawthorne.org |
| Hawthorne | COVID-19 Senior Grocery Pick Up Program | Senior program to pick up and deliver online orders from Ralphs Market (food) and Target (non-perishables only). Pick up of up to 20 items to include food, household goods, and essential hygiene items. Must be a Hawthorne resident 55+ Pick ups on Wed & Thurs 9am - 1pm. | http://www.cityofhawthorne.org/latest-news/2020/3/25/senior-grocery-pick-up-program | NA | 310.349.1640 | dbrown@cityofhawthorne.org |
| Hermosa Beach | NA | Weekly email to senior center members sharing updates, useful/interesting information and some sort of positive/hopeful message. Share resources that BCHD (Beach Cities Health District) is able to provide, as they have a volunteer program that assists seniors with grocery shopping, picking up medicines, | NA | Kambria Vint, Recreation Coordinator | 310.318.0280 | kvint@hermosabeach.gov |
| Inglewood | | Senior program - delivering package or frozen meals per week; meals are cooked on site in Inglewood and delivered within the week Food bank - shelf stable package (oatmeal, tuna, etc.) provided once a month Working with Social Justice Learning Institute to provide fresh produce to seniors on weekly basis (mushrooms, watermelons, etc) Virtual-based classes - exercise, dancing, comedy, etc. Transportation available for critical senior appointments | | Thomas Uwal, Human Services Superintendent | 310.412.4347 | tuwal@cityofinglewood.org |
| Lawndale | | Delivering frozen meals 2 times per week Monday through Friday; nutrition program through LA County. Meals on Wheels program Providing free transportation for seniors for essential services | | Karl Conley-Bell, Community Services Coordinator | 310.973.3283 | kconleybell@lawndalecity.org |
| Lomita | Lift Up Lomita | Not a specific program for seniors but rather an essentials need delivery program in general for the Lomita community. Currently assembling small care packages to be delivered to seniors and those in need in our community. | https://lomita.coronavirus.info/liftuplomita/ | Lety Paz, Administrative Clerk | | lpaz@lomitacity.com |
| Manhattan Beach | NA | Operating a delivery program for seniors & vulnerable populations. Callers call the Older Adult "hot line" (310) 802-5010 with their need for prescriptions, groceries, etc. and volunteers from CERT, Rotary, Neighborhood Watch, Leadership Manhattan Beach are connected with the caller and provide the service. Beach Cities Health District is also a resource. | https://www.citymb.info/departments/parks-and-recreation/older-adults-program | Jan Buksa, Recreation Manager | 310.802.5447 | buksa@citymb.info |
| Palos Verdes Estates | | calling ~2,500 residents weekly in PVE working with school district to have parent and student volunteers to do shopping and delivery providing masks, in-home testing (self-administered swab test) | | Marcello Herrera, Community Relations Officer, PVEPD | 310.378.4211 | mherrera@pvestates.org |
| Redondo Beach | NA | Providing seniors resources via email blasts & website that include: Torrance YMCA Wednesday frozen meal pick-up Beach Cities Health District Resources: Grocery deliveries & restaurants are available for takeout & delivery. Redondo Beach Chamber of Commerce: Deliveries of groceries and takeout, LA Helping Hands: volunteers to help with delivery services to seniors Activities & Exercises you can do from home Following up with the senior board to see if any particular seniors they know of may need extra help during this time. Beach Cities Health District has been helping us reach out to these individuals so that they can get them the proper resources. | NA | Kimberly Sanchez, Senior & Family Services, Community Services Department | 310.318.0650 | kimberly.sanchez@redondo.ca.gov |
| Rolling Hills | NA | Formed a list of volunteers who weekly check in on seniors or those who are homebound. Put a weekly news blast out with any new information about COVID-19 and list of surrounding stores with modified hours for seniors; Provide Lomita Sheriff's office an update about Senior residents; We also use our BlueNewsletter to inform the Rolling Hills Residents of our Senior Program. | NA | Della Aranda, Code Enforcement Officer | 310.377.1521 | Daranda@CityofRH.net |
| Rolling Hills Estates, Rancho Palos Verdes | NA | SEE SEPARATE DOCUMENT on Collaborative Seniors Resource Guide with Palos Verdes Estates, Rancho Palos Verdes, Rolling Hills, Rolling Hills Estates | http://www.rpvca.gov/1303/Seniors https://www.ci.rolling-hills-estates.ca.us/home/showdocument?id=18737 | Alexa Davis, Assistant City Manager | | alexad@rollinghillestatesca.gov |
| Torrance | Torrance "Cares to Go" | The Torrance Cares 2-Go Care Package provides pre-selected essential grocery and sanitary items that are sourced from an area grocer. \$55 package for seniors 60+, those with disabilities, and with underlying health conditions during the COVID-19 pandemic. | https://www.cityoftorranceca.com/c2go.html | | | |

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| Beach Cities Health District | | Call Support Link - 7 days per week Errand Support - 7 days per week; groceries, medications Well-being checks Covered California enrollment site Working with Redondo Beach, Hermosa Beach, and Manhattan Beach on virtual programming | | Melissa Andrizzi-Sobel, Director, Community Services | 310.374-3426 ext 249 | melissa.andrizzi-sobel@bchd.org |
| Palos Verdes Peninsula Village | | Offering grocery pick up and urgent visits to doctor Holding zoom meetings: writing group, chatting group, etc | https://peninsulavillage.clubexpress.com/ | | 310.991.3324 | |
| South Bay Village | | Calling members 1 time per week or more Offering grocery pick up and delivery Volunteers are going where they need to go Starting back up with accompanying to doctors appointments; members are grateful to have a volunteer with them at appointments | http://www.sbvill.org/ | Ges Davis, Executive Director | 424.271.2304 | |
| Palos Verdes Library District | | Curbside pick up offered at all 3 branches: books, movies - can reserve online and then pick up; available Tu, Wed, Th, Sat from 10am-2pm Book drops reopen on June 8th | https://www.pvld.org/ | | 310.377.9584 | |