

South Bay Cities Council of Governments

Services for Seniors Working Group

Tuesday, September 27, 2016 Meeting Minutes

By Grace Farwell

In Attendance: John Ammon, CA Senior Leaders Alliance; Melissa Andrizzi-Sobel, Beach Cities Health District; Jacki Bacharach, SBCCOG; Aaron Baum, SBCCOG; Meredith Berkson, PATH; Diane Brown, City of Hawthorne; Alexa Davis, City of Rolling Hills Estates; Grace Farwell, SBCCOG; Laurie Glover, Silverado Senior Living; Sandy Hester, CA Senior Leaders Alliance; Britt Huff, Chair, City of Rolling Hills Estates Council Member, H.E.L.P.; Steve Lantz, SBCCOG; Jane Long, Coast to Coast Seniors; Lizett Magallanes, The Canterbury; Letty Marzano, KEEP-SAFE Coalition; Adriana Mendoza, AARP California; Stan Myles, AQMD; Rafi Nazarians, AARP California; Nital Patel, Assembly Member David Hadley's office; Sharon Pewtress, The Canterbury; Deb Ripley, Palos Verdes Library District; Cindy Snodgrass, City of Torrance; Laura Trejo, City of Los Angeles Department of Aging; Amanda Valorosi, City of Carson; Janeth Ventura, PATH; Bea Virobik, City of Torrance Commission on Aging/South Bay Village; Fran Wielin, Palos Verdes Peninsula Village

1. Welcome and Self Introductions
2. Minutes from the July 26, 2016 meeting were approved. Minutes received and filed.
3. Purposeful Aging Los Angeles Initiative (PALA)
Laura Trejo, General Manager, City of Los Angeles Department of Aging and Adriana Mendoza, Associate State Director, AARP California provided an overview.
Highlights included:
 - Age-friendly initiative
 - Older population in LA County greater than 42 states
 - Between 2010 and 2030, LA County population expected to double from ~1.1 million to more than 2.1 million
 - More racially and ethnically diverse
 - Life expectancy increasing – 75.8 in 1991 to 81.5 in 2011
 - PALA is a partnership; steering committee members include:
 - LA City Department of Aging
 - LA County Department of Community and Senior Services
 - Milken Institute
 - USC Davis School of Gerontology
 - UCLA LA Community Academic Partnership for Research in Aging (LA CAPRA)
 - AARP
 - Vision is to make LA region most age-friendly in the world
 - Mobilize local, community resources
 - Look at policies, infrastructure
 - City of LA Executive Directive – call to action of all Department Heads to work together; mobilize executive management
 - Public/private partnerships, leadership, resources, ideas, strategies
 - 20+ city mayors have agreed to join the partnership

- Idea came about in 2005 by World Health Organization (WHO)
- PALA - in process of organizing stakeholders
 - 1 year of planning
 - Needs assessment/Gap analysis and planning phase
 - 3-5 years of action plan implementation
 - 9 livability domains working groups
 - Scalability of models
- Timeline
 - May 2016 – launch
 - January 2017 – surveys and listening sessions
 - March 2017 – Older Adult Summit
 - June 2017 – develop action plan
 - May 2018 – final plan to BOS and LA City Council
 - June 2018 – operational
- Work with stakeholders to review programs, best practices, ideas
- Join Purposeful Aging Task Force of Cities
 - Leverage efforts to become age friendly cities
 - Identify best practice strategies, projects and resources
 - Support each other in creating an Age Friendly Region
 - Participate in Worldwide Movement
- Goal: all 88 mayors join initiative
- #PurposefulAgingLA
- #AgeFriendlyLA
- Role of business
 - Economic impact on communities
 - Involve chambers, business community; economic development departments
- Resources from AARP
 - aarp.org/agefriendly
 - aarp.org/livabilityindex

4. PATH Homeless Update

Meredith Berkson provided an update:

- Contacts
 - 414 unduplicated contacts
 - 550 duplicated
- 38% are 55+ (10% is regional average); 17% are 62+ - higher than regional average
- Lack of senior-specific resources
- For every year living on streets, it ages people at a much faster rate
- Breakdown of people served
 - 36% - mental illness
 - 22% - substance abuse issues
 - 35% - chronic health condition
 - 57% - chronically homeless
 - Homeless at least 1 year, or
 - Have 4 episodes within last 3 years that add up to 1 year
- South Bay region
 - Lack of interim housing
 - 300 shelter beds

- CES – 170 completed
 - Interim housing – 13
 - Permanent housing – 18 placed
 - 14 - shared housing
 - 2 - VA supportive housing
 - 2 - Section 8 housing
 - Joint outreach effort in Carson and Homeless Commission – Oct 27, 2016
 - Want to replicate throughout South Bay
 - In process of seeking renewal; need support; please contact 2nd and 4th Supervisorial Districts
 - A suggestion was made to look into repurposing, refurbishing Armory to utilize for vets on a year-round basis
5. “Senior” Update from Assemblyman David Hadley’s Office
 Nital Patel, Field Representative, Assembly Member David’s Hadley’s Office reported the following:
- Past events:
 - South Bay Village Town Hall - ~ 100 attendees
 - Transportation Town Hall
 - Upcoming event – October 13, 2016 at Nakano Theatre in Torrance
 - Homeless, working PATH
 - Over 200 churches invited to attend
6. Cycling Without Age
 Mohamed Hassan gave an update on the Cycling Without Age program in the South Bay and offered to give rides around the parking lot so that attendees had the opportunity to feel “the wind in their hair”
7. Next meeting
- **Tuesday, December 6, 2016 @ 9:30 am**