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# SHARE!

## the Self-Help And Recovery Exchange



A California 501c3 Founded in 1993

Funded by LA County Department of Mental Health  
LA County Department of Health Services  
Los Angeles Homeless Services Administration  
And private donations

**A Solution for our Times**

[www.shareselfhelp.org](http://www.shareselfhelp.org)

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# SHARE!



Ruth Hollman - Founder/Executive Director

Phd. Cand. Anthropology UCLA

*Recipient of American Psychological Association  
Award for putting research into practice*

Board Chair – Brian Ulf  
Board Member YMCA

**A Solution for our Times**

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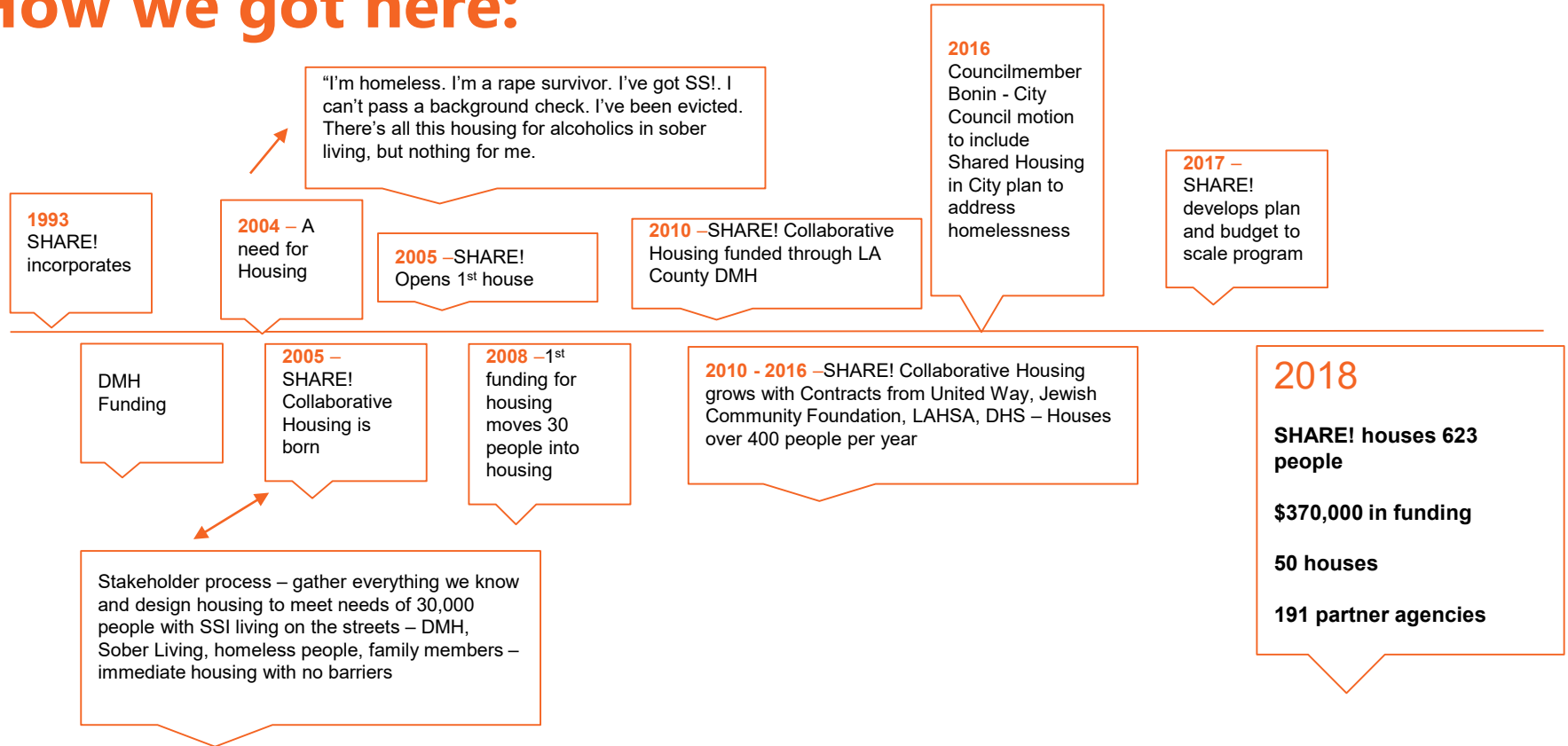
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**SHARE! housed 623 people in  
2018 with \$370,000**

**SHARE! Collaborative Housing can reduce  
homelessness efficiently, effectively and  
immediately.**

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# How we got here:





# Rather than build walls, **SHARE!** opens doors.

*Proven  
Track  
Record*

- 623 people housed in SHARE! Collaborative Housing in 2018
- 23% move in the same day they call for housing - 41% move in within two days
- Housing for Acute population - SHARE! Collaborative Housing works for people resistant to traditional housing
- 26% of residents with SMI get jobs within 1 year and maintain their own housing in market-rate housing
- People get stabilized and moved on to greater autonomy quickly - each bed houses 1.6 people per year
- 25% of people referred move in - 2000 referrals, over 500 move-ins
- Research constantly applied to innovate and implement best practices

→ Reporting in HMIS, CHAMP, DMH

# The Ask:

**SHARE!** is raising

**\$10.8 Million**

## To:

- House 2000 people
  - Open 250 Houses
  - Hire 138 staff to:
    - Manage housing acquisition
    - Acquire houses
    - Support residents
    - Support homeowners
    - Train staff
    - Track data and outcomes
    - Outreach to new residents
    - Admin support/capacity
    - Transcribe and document services
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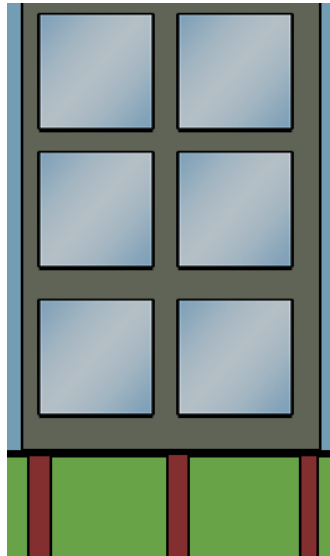
# Traditional Permanent Supportive Housing

Apartment building development funded by HUD, Prop HHH, NoFAs, & Tax credits

2000 people housed

Cost  
**\$800,000,000**

Cost per bed  
> \$400,000



# SHARE! Collaborative Housing

*Ineligible for HUD, Prop HHH, NoFAs, or Tax credits*

Cost per bed  
= \$2,803

**Funding needed:**

House acquisition, inspections, placement, data outcome tracking

**Funding SHARE!:**

*2000 people housed*

**Cost: \$10,800,00**



# The Funding Gap:

HHH Funding/Foundation  
Funding:

Pays for Capital Development  
*\$ for new construction*

*SHARE! Featured in SAMHSA Webinar on National Promising Practices for Shared Recovery Housing*

- **SHARE!** Collaborative Housing uses privately-owned single-family homes
- *Los Angeles currently has 50,000 single family homes for rent*
- **SHARE!** can use them to immediately increase housing stock and house people

Shared Housing *Works* for People exp. Chronic Homelessness







## *We believe*

- The opposite of “homelessness” is wholeness and connection. (Self-supporting social structures)
- “Homelessness” can be one period of time in a person's life
- Homelessness is caused by an unhealed trauma event and lack of personal social infrastructure
- Trauma can be healed by people-helping-people in a participant-centered model
- Every homeless person has a place back in society
- Homelessness can be disrupted - permanently

# The Problem:

A person is thriving

## Trauma

Death, Job loss, accident, mental health, substance use, illness

People with social support reconnect with their sense of meaning and purpose in mainstream society

Our current systems keep people isolated and disconnected from a sense of meaning and purpose in mainstream society

Shelters

Transitional Housing

Permanent Supportive Housing

People without social support fall into homelessness

# SHARE! Collaborative Housing

*Nationally recognized evidence-based solution*

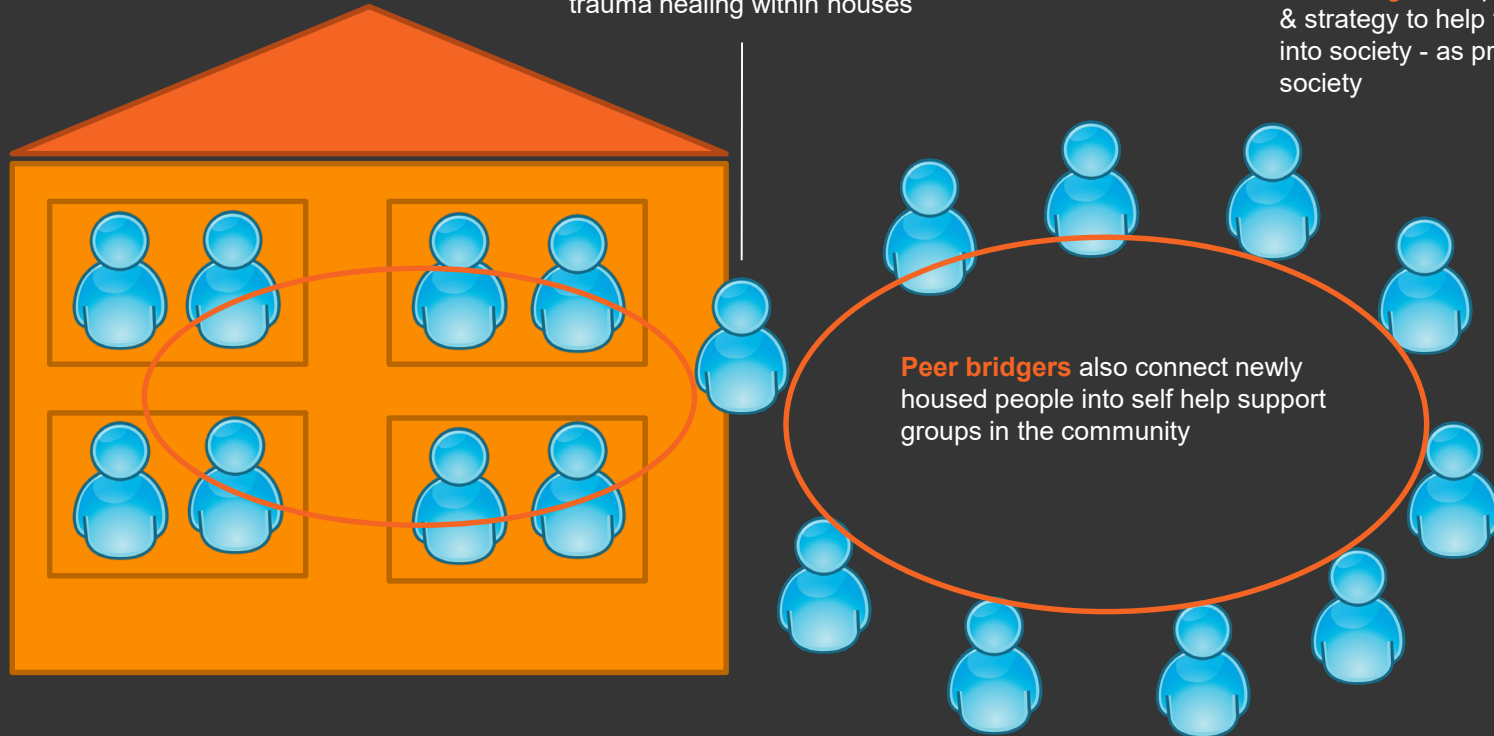




# SHARE! Collaborative Housing Community

Trained **Peer Bridgers**  
support the community building and  
trauma healing within houses

**Peer bridgers** help implement a life plan  
& strategy to help the housed get back  
into society - as productive members of  
society



# SHARE! Collaborative Housing

## Outcomes

- 95.2% maintained Housing
  - 80% remain in SHARE! Collaborative Housing
  - 6% reunite with family
  - 9% move to market rate housing
  - 60% attend Self-Help Support Groups
  - 37% secured/maintained employment
  - 17% enrolled in education
  - 38% volunteering in community
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# SHARE!

# Partners

- Los Angeles County Department of Mental Health-
- Los Angeles County Department of Health Services
- Los Angeles Homeless Services Authority
- SAMHSA - Substance Abuse Mental Health Services Administration
- California Office of Statewide Health Planning and Development
- Your Private Donations

# Thank You!



SHARE! the Self-Help And Recovery Exchange

*A project of the Emotional Health Association*

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