

# South Bay Cities Council of Governments

## Services for Seniors Working Group Meeting Notes

Tuesday, January 23, 2018 @ 9:30 am  
SBCCOG  
20285 Western Avenue, Suite 100  
Torrance

1. Welcome and Self Introductions
2. Review of Meeting Notes from December 5, 2017 meeting
3. South Bay Workforce Investment Board (SBWIB) Older Adult Programs
  - Chris Cagle, Regional Affairs Manager, SBWIB
    - Service Employment Redevelopment (SER) is funded by the federal Department of Labor to operate the Senior Community Service Employment Program (SCSEP);
    - businesses hire locally to keep people employed; collaborate with local organizations (Host Agencies) throughout LA county;
    - Contact person at Inglewood One Stop: Rochelle D. Mackabee, 310-680-3771, [rmackabee@sercalifornia.org](mailto:rmackabee@sercalifornia.org).
    - SCSEP Enrollment Criteria handout (on file)
4. Overview of Providence Little Company of Mary Seniors Programs
  - Ashley Areyan, Development and Community Engagement Director, Providence Institute for Human Caring
    - Katie Buker, Community Relations Specialist, Providence Health and Services can help with speakers
    - Center for Optimal Aging – started in San Pedro and now in Torrance
      1. Cognitive assessment; driver rehabilitation program
      2. Patti Logan, another speaker from Center for Optimal Aging
    - Institute for human caring, system-wide initiative
      1. 50 hospitals in several states
      2. whole person/patient centered care – physical, emotional, psychological, spiritual
      3. Similar to services offered through palliative care and hospice; taking hospice concept and spreading it out to all aspects of care
      4. Advanced communication training for healthcare staff; how to have dialogue with patient. Now spreading the training throughout all hospitals; began in Torrance. Patients feel like they are being heard; families are happier with care receiving. Need to be educating internally, but also need to be in the community educating how to empower...shared decision making.



5. Conversation workshop...talking about values...before advanced directive workshop. Making sure you have a representative if you cannot speak for yourself. Work with palliative care teams.
  6. Big initiative – “Hear Me Now” is story telling: ”I remember how my grandmother died, and that is not how I want to die”. Won circle of life award.
  7. Shared handouts (on file)
5. PATH Homeless Update
    - Lao Moua, Associate Director of South County, PATH
      - Provided update (on file)
  6. A Heart to Serve <https://ahearttoserve.org/>
    - Annie Dunlop, Director of Community Meals
      - Residents of Rockport Healthcare Services skilled nursing and assisted living facilities prepare meals and feed people in homeless shelters and soup kitchens.
      - Shared videos from website; looking for additional shelters and programs for their facilities; each location gets their own documentary.
      - Program works with skilled nursing facility to identify who might be a good volunteer; the family signs volunteer form
      - Facilities in Lawndale, Inglewood, Torrance. Meals served at St. James; Salvation Army in Hermosa Beach;
      - Looking for larger soup kitchens
      - Try to do within 5 miles of skilled nursing or assisted living facility so that they feel like they are serving their community;
      - Residents are kept in a safe and in a secure location...not in the streets.
  7. Update on Purposeful Aging Los Angeles Initiative
    - Rafi Nazarians, Associate State Director, AARP
      - Grace Farwell reported for Rafi who was unable to attend
      - Continuing to hold a few more Listening Sessions and then will be able to begin to analyze the data from all sessions
  8. Announcements and Follow-up Actions
    - Metro’s Older Adult Transportation Pop Up Event (Lilly Ortiz)
      - There will be an Older Adult Transportation Pop-Up event on Monday, February 12, 2018 from 10am-12pm at the Hawthorne Memorial Center in Hawthorne. Flyers were provided.
    - Measure M Workshop (Steve Lantz)
      - Working on 3 of the Sub-regional projects and doing outreach;
      - Workshop on March 22 at 3:30-4pm to give overview on where we are on policies and procedures;
        1. mobility matrix – 346 projects in South Bay alone; sift through the mobility matrix and come up with new ideas; need fresh

- ideas; sort through what we want to put in for first 5-year program;
2. your cities – broader definition of kinds of projects we want to be considered;
  3. 5-year list goes to our board for approval; then it will be submitted to Metro. Opportunity to figure out what we want to do in the next 5 years; transit ideas, i.e. ride sharing; aging in place at home; working at home
- SBCCOG 19<sup>th</sup> Annual General Assembly (Jacki Bacharach)
    - The 19<sup>th</sup> Annual General Assembly “The Evolution of Retail and Its Challenges for Cities” will be held on Friday, February 23, 2018 at the Carson Community Center in Carson. The event is FREE and all are invited and encouraged to attend.
9. Next meeting – Tuesday, March 27, 2018
- Meeting schedule for remainder of 2018
    - March 27, 2018
    - May 22, 2018
    - July 24, 2018
    - September 25, 2018
    - December 4, 2018

NOTE: Times on the agenda are a guide for both speakers and working group members and include time for questions, answers and general discussion.

Join us for SBCCOG’s FREE **19<sup>th</sup> Annual General Assembly**,  
*“The Evolution of Retail and Its Challenges for Cities”*  
on Friday, February 23, 2018.